

Lancashire Drug and Alcohol Action Team

Young people's specialist substance misuse treatment plan 2009/10 Part 1

This strategic summary incorporating the planning grids and funding/expenditure profile have been approved by the Partnership and represent our collective action plan.

Director of Children's Services	<i>Signature</i>
Chair, Partnership name	<i>Signature</i>
Chair, Young People's Substance Misuse Commissioning Group	<i>Signature</i>

Overall direction and purpose of the strategy for meeting young people's substance related needs and specifically their needs for specialist treatment interventions

The Treatment Plan will outline clear Actions to be developed in a Lancashire Young Peoples Strategic Plan which meets the related needs of the young people in Lancashire. The key priorities and actions from the Treatment Plan are outlined below:

- Hidden Harm - Lancashire Hidden Harm Strategy and renewed Action Plan
- Tier 4 Alcohol Detox and Drug Rehab Services for young people - further partnership work is required on how agencies should respond to the complex needs of young people who require Tier 4 very specialist treatment and support.
- Mapping of Tier 2 prevention services and develop clear partnership approach to 'reducing harm' through the development of a Reducing Harm Strategy.
- Consultation with Children and YP including service users - develop an LDAAT Young Peoples Forum for regular consultation, service planning and development.
- Responding to the needs of Diverse/Under represented communities – DAAT partnership to undertake a review of countywide vulnerable/diverse communities and individuals via the TEG's and YP County Group Meetings to ensure that those most vulnerable young people who require interventions have access to treatment services.
- Young People's County Group – update and re-structure the YP County Action Plan in line with new priorities and actions as set out by the Treatment Plan 2008/09, Children's Plan and Children's Trust Partnership.
- LDAAT to begin to review service outcomes and consult with YP treatment service providers on the future commissioning plans. All future planning is to be undertaken through the Locality Joint Commissioning Groups.

The overall direction and strategy for the LDAAT is to ensure that sound strategies and plans of action are in place across the partnership to enable the priorities and themes of work to be undertaken. A range of analytical and mapping reports have been identified as a key priority and are to be undertaken throughout the year which will enable the partnership to have a clear understanding of the current situation and develop well informed and appropriate responses in key areas.

One of the major pieces of work this year is for the LDAAT Partnership to begin to plan the future commissioning and model of young people's treatment services. This will include a thorough consultation with current service providers to ensure that any lessons can be learnt from the current contract and service specification that they have been delivering. It is clear from the increased numbers of young people accessing treatment services that there has been a substantial and fundamental change to how services are engaging and supporting young people. A thorough review of the current service delivery and changes in the model will be taken through each Locality Joint Commissioning Group and County Co-ordinating Group to ensure that the wider children and young people partnership planning is discussed and an agreement reached in terms of joint models and funding arrangements upon the future commissioning or re-commissioning of young peoples services.

Likely demand for specialist substance misuse treatment interventions for young people. Please identify and consider the differential impact on diverse groups and ensure that the overall plan contains actions to address negative impact

The County of Lancashire has a range of diverse groups and individuals due to the very complex social, community and environmental factors in each district and locality. The LDAAT have identified the following main diverse groups which are our priority, however this list does not exclude the needs of other diverse groups:

Teenage Pregnancy/Sexual health; those at risk of exploitation (inc. sexual); travelling Community; Young Carers; Young Parents; Young Offenders; Children & Young People with mental health issues; lesbian, gay, bisexual and transsexual (LGBT), South Asian and Eastern European; Grandparents and carers etc.

The Young Peoples Treatment Services in Lancashire have adopted a number of ways to increase their awareness, understanding and ultimately engage with the most diverse communities and individuals. This has been achieved by a range of techniques such as Staff Training and in particular the North West Diversity Training, local community feedback and links, sharing partnership information to identify particular groups, partnership working with specific minority groups in each locality.

Therefore Young People's Treatment Services have worked within different ways to engage and support those most under represented and diverse communities in their areas.

Early Break within the East Lancs has developed a DAFAY Project (Drugs and Alcohol For Asian Youth) so that they may engage with the Asian and in particular Pakistani communities in East Lancs and provide Tier 2 and 3 interventions. They have also developed an intensive family support model called 'Family Centred Time' to provide a more holistic approach to working with families who require it the most.

Young Addaction South has developed publications and referral pathways specifically to engage with Eastern European Communities in the South. They have recently links in with a local youth group who are represented from 14 mosques in the Preston area. They are also hoping to become a member of Navajo which is a kite mark for services which welcome and are friendly to the Lesbian, Gay, Bisexual and Transsexual Communities.

Young Addaction North has developed links with the Young Peoples Service Travelling Communities Support Worker. This specific post provides a direct link into the travelling community who can access the treatment service in a friendly manner.

Diversity continues to be a priority for the YP County Group and their Action Plan. The County Action Plan will act as a tool to action any response or impact required which is either positive or negative. The LDAAT have Young Peoples Services Development Meetings on a bi-monthly basis which is a forum where all young people's treatment services share information, good practice and develop a consistent approach of service delivery across Lancashire. Any specific approaches or responses required will also be monitored thorough this group.

Key findings of current needs assessment and a brief summary of the prevalence of problematic substance misuse by young people in the local area, changing trends, treatment mapping, characteristics of met and unmet need, attrition rates and treatment outcomes

The needs assessment process has highlighted that the LDAAT have successfully re-commissioned and developed a needs-led service model for Lancashire which meets the needs of those young people requiring the support of treatment services. The YP Treatment Services provide an accessible, equitable and consistent level of treatment interventions and options available so that young people now have a variety of choice to enable to them to develop their own plans, aims and aspirations for their future. The key priorities outlined in the needs assessment outlines that further understanding and linkages need to be made with the more diverse and under-represented groups/individuals in Lancashire such as those young people who are at risk of sexual exploitation, hidden harm etc.

LDAAT recommends that the YP County Group and the Locality Joint Commissioning Groups continue to review and support the on-going work of each of the priorities as set out in the YP Needs Assessment and Treatment Plan for 2009/10. A further key finding is that the LDAAT will continue to review and develop the LDAAT Meetings Structure to ensure that the partnership is as

appropriate and effective as possible when addressing and working with wider children and young peoples services.

The majority of young people who received specialist treatment services in Lancashire during 2007/08 were provided by three main agencies: Early Break East Lancashire, which provided services to 327 young people or 49% of overall total of young people in treatment. Young Addaction North provided services to 174 or 26% of young people and 157 or 23% young people were delivered a service from Young Addaction South.

The majority of clients who are both referred to services are via the Youth Offending Team or Criminal Justice route. There has been an increasing amount of referrals from the YOT over the past year to all three YP Treatment services across Lancashire and this is being monitored via the Lancashire YOT and LDAAT. A further indicator of prevalence or an indication of services becoming more and more embedded in the communities and partner services in their localities they are finding an increasing number of referrals from wider agencies and individuals which is creating capacity issues particularly for East Lancs. This is being addressed and discussed within quarterly contract monitoring meeting. However the overall trend around Lancashire's young peoples drug use continues to be alcohol and cannabis with a slight increase in Cocaine.

The Treatment map highlights the entry or access to treatment which highlights that the major referral route into treatment services continues to be via the YOT/Criminal justice system. The second highest levels of access to treatment is through the education pathway this makes up 16% or 83 of Lancashire's clients. This includes referrals from primary and secondary schools, colleges and other education to employment initiatives. However, for Lancashire this figure predominantly includes referrals for young people of secondary school ages. The 2007/08 treatment map highlights that further communication and referral pathways need to be explored with the young people's treatment services, health, CAMHS, children's social care (including Looked After Children) and Lancashire young people's service.

Therefore the majority of young people receiving treatment are young offenders of which make up 22% of overall clients in the East, 41% of overall clients in the South/Central Locality and 63% in the North. This clearly represents that young offenders make up a large proportion of overall treatment service delivery and meeting needs.

The other in treatment statistics show there are three main categories of in-treatment that range from 15% - 18% which include education, self/parent/carer and other.

The Treatment map shows that the majority of young people leaving treatment services are planned. This means that 203 young people or 5% of young people within the treatment system are exiting services in a planned way. However, a total of 188 young people received an unplanned discharge which equates to a 47%. Therefore further work will be explored with each service provider to ensure that the planned exits increase for next year. Some services have already made changes to services and systems to ensure more positive outcomes for young people.

Improvements to be made in relation to the impact of treatment in terms of its outcomes which will deliver improvements in individual young people's health and social functioning

The Young Peoples Treatment Services already work in a holistic manner and have good relationships with children and young people's services. These relationships are on both a informal and formal way as some treatment services have joint working protocols with agencies such as sexual health services, CAMHS, Adult Treatment Services and also have local short term joint working at practitioner level. This can include operations with the police and social services in the evening to identify street –drinks and those at risk of causing anti-social behaviour.

All YP Treatment Services work within the Every Child Matters, Team around the child/family approach and have developed approaches and care plans which incorporate appropriate elements of the 5 ECM outcomes.

The YP Treatment Services have developed a range of interventions which enhances the individual young people's wider health and social outcomes. These include:

- Chylamdia screening
- Condom distribution
- Pregnancy testing
- Links to BBV Testing and Needle Exchange
- Service User Forums and Groups
- Complimentary therapies such as sports therapy, EST, massage, aromatherapy, Indian head massage, auricular acupuncture, boxing therapy.
- Healthy Eating and well being issues
- Access and referral to Young Peoples Services via Positive Activities for Young People (PAYP)
- Diversionary activities for young people including Physical activities via gaining membership to local gyms etc.
- Links to other social activities and programmes such as Princes Trust, Life skills development via E to E Centres (educate to employment)

Key priorities for developing young people's specialist substance misuse treatment interventions to meet local needs during the next financial year

1. LDAAT partnership to develop a multi-agency Lancashire Hidden Harm Strategy and Action Plan which feeds into Locality Hidden Harm Groups.
2. LDAAT to work with a range of partners/organisations to develop a 'Reducing Harm' Strategy and Workforce Development Plan
3. LDAAT partnership to review current service delivery and model and agree future strategic planning and commissioning decisions
4. LDAAT Young Peoples Team to develop a new Young Person's Forum for future service planning and consultation exercises.
5. LDAAT Partnership to undertake a mapping and analysis on a range of thematic areas including Diversity in Lancashire.